



WELCOME TO IONA COLLEGE SPORT

The College's co-curricular sports program provides numerous opportunities for our boys to be active participants in a wide variety of sports.

The Iona community benefits greatly from the extensive amount and quality of its sporting facilities, all of which are located on the College's vast campus. The facilities include many rugby league/union, football and AFL fields and track & field facilities, turf wickets, cricket nets, 50m swimming pool, tennis court facilities, numerous outside basketball courts, College gym and two indoor sports centres with the ability to host many volleyball, basketball and badminton games.

Iona College is one of eight member schools of the Associated Independent Colleges (AIC) sports association. The AIC association provides an excellent level of sports competition across a variety of sports for students from Years 5–12. Please see below a table which indicates when specific sports are played throughout the year.

Term 1	Term 2	Term 3	Term 4
AFL Cricket Swimming Volleyball* Sailing* *(Year 7–12 only)	Rugby Football Chess Cross Country AIC Golf Tournament	Basketball Tennis Rugby League Track and Field	Track and Field AIC E-Sports Tournament AIC Touch Football Tournament AIC Water Polo Tournament* Sailing* *(Year 7–12 only) Swimming, AFL, cricket and volleyball pre-season

Iona also participates in several other sporting activities and events which are held outside of the AIC sports program. These sports include mountain biking (meets are held from Term 1–3) and sailing as well as a number of schools cup and other external team competitions.

Please understand that due to time and resource constraints, it is impossible for Iona to participate in every sport offered in Queensland.

IONA'S APPROACH TO SPORT AND OTHER CO-CURRICULAR ACTIVITIES

At Iona College we strive to provide opportunities for our students at all levels to participate and enjoy the experience of playing sport. Participation allows students to show pride in themselves and their College by the way they dress and conduct themselves both on and off the field as representatives of their college and by displaying integrity in the way they train and play, giving and doing their best to improve themselves and to be the best version of themselves.

Participation in the College's co-curricular program is viewed as an important part of a student's overall development and growth as a member of our community. Playing sport serves as a conduit for our students to develop a strong sense of belonging and connectedness with their school and their mates. Therefore, all students are strongly encouraged to participate in the sports program and to try their very best for themselves and for the College. Iona students benefit greatly from the College's membership in the Associated Independent Colleges (AIC) sports competition as it provides a breadth of sporting opportunities for students that few other associations offer.

When selected to represent the College, students are expected to commit to all training sessions and games for that specified sport. Once the commitment is made, students should honour their commitment to the team for the entire season. We believe that if a student has a special gift or talent that he should be willing to use that talent and represent our school. The College sports policy dictates that participation in school sport takes precedence over other sporting interests and commitments outside the school including club sport.

SPORT SIGN-ON & TRIALS

All students are given the opportunity to sign-on and play sport. Sign-ons are generally done via an online sign-on link which is advertised via the College's sports newsletter. This link is also emailed to all students and their families. The advertisement of the trial schedule which includes all important times and venues is published in the newsletter. Students are given reminders each day in the daily bulletin and on assembly in the lead up to all trials.

AIC SPORT CALENDAR

A copy of the 2024 AIC sport calendar is found at the end of this document.

SPORTSMANSHIP

As all students are ambassadors of the Iona community, a high standard of conduct by all players, coaches, parents, and spectators is expected both on and off the field. The way we act should reflect our Catholic Oblate values and ethos.

UNIFORMS

The way we look is just as important as the way we act. As ambassadors of the College, our boys are expected to wear the full and correct sporting uniform with pride and in the correct manner to all sporting events. If students are participating or spectating at any College sporting events, dress is either the College academic uniform or College sports uniform. Each sport has a specific uniform. Parents may purchase this uniform from the College's Uniform Shop once a student has been selected in a team.

Students must wear the Iona training shirt to all sports training sessions. This shirt is designed to withstand the rigors associated with training in sports such as rugby union, rugby league and AFL as well as all other non-contact activities we have on offer. It is not permissible for students to wear non-Iona branded attire to training or on game days such as club hats, socks, jumpers, etc. Students are to wear the appropriate footwear for their specific sport. Open shoes such as thongs or sandals are not acceptable to wear at any Iona event.

TRAINING

Training is conducted either before or after school. Depending on the sport and team, training could be one to two sessions per week.

Training times: Morning training starts at either 6:15/30am or 7:00am, depending on the sport. Afternoon training concludes no later than 5:00pm for most teams. Parents/guardians **MUST** collect their sons promptly as staff supervision ceases 15 minutes after the advertised finishing time.

COMMUNICATION AND INFORMATION

It is crucial that all parents and students read the weekly newsletter. Information regarding training, trials, uniforms, and much more is given in the weekly newsletter.

The College communicates some sports information via Twitter @SportIona (which includes wet weather updates and late cancellations).

REPRESENTATIVE SPORT

Iona College is a member of Lytton District School Sport (10–12yrs) and Composite District School Sport (13–18yrs). These districts are part of Metropolitan East Regional School Sport. Iona College is a strong supporter of the representative school sport pathway. All trial information is published in the sports newsletter. Please note, the representative pathway is for high-performing athletes and Iona College can only send a limited number of students to these trials.

SPORTS OFFICE CONTACTS

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AIC SPORTS CALENDAR – 2024

TERM 1

ROUND	OPEN AFL	CRICKET, VOLLEYBALL & AFL (Years 5–10)
Round 1	Friday 2 February	Saturday 3 February
Round 2	Friday 9 February	Saturday 10 February
Round 3	Friday 16 February	Saturday 17 February
Round 4	Friday 23 February	Saturday 24 February
Round 5	Friday 1 March	Saturday 2 March
Round 6	Friday 8 March	Saturday 9 March
Round 7	Friday 15 March	Saturday 16 March
Trial Round	Thursday 25 January	Saturday 27 January

SWIMMING CHAMPIONSHIPS | TUESDAY MARCH 5 SLEEMAN SPORTS COMPLEX

Swim pre-season meets:

25 January	Iona – Internal time trial
2 February	Iona to host SLC/LHC/LOR
9 February	Iona to host SLC/SPC/Villa
16 February	SPLC to host
22 February (Thurs)	Chandler Meet

TERM 2

ROUND	CHESS	RUGBY & FOOTBALL
Round 1	Friday 26 April	Saturday 27 April
Round 2	Friday 3 May	Saturday 4 May
Round 3	Friday 10 May	Saturday 11 May
Round 4	Friday 17 May	Saturday 18 May
Round 5	Friday 24 May	Saturday 25 May* (Reconciliation Round)
Round 6	Friday 31 May	Saturday 1 June
Round 7	Friday 7 June	Saturday 8 June
Trial Round	Friday 22 March	Saturday 23 March
Trial Round	Friday 19 April	Saturday 20 April

CROSS COUNTRY CHAMPIONSHIPS – WEDNESDAY 29 MAY, CURLEW PARK

Cross Country Pre-Season Meets:

Wednesday 8 May (Sherwood TBC)

Wednesday 15 May (Curlew Park)

Wednesday 22 May (Runcorn)

TERM 3

GOLF Monday 29 July Venue TBC

ROUND	BASKETBALL (Years 5 & 6)	TENNIS, RUGBY LEAGUE & BASKETBALL
Round 1	Friday 19 July	Saturday 20 July
Round 2	Friday 26 July	Saturday 27 July
Round 3	Friday 2 August	Saturday 3 August
Round 4	Friday 9 August	Saturday 10 August
Round 5	Friday 23 August	Saturday 24 August
Round 6	Thursday 29 August*	Saturday 31 August
Round 7	Friday 6 September	Saturday 7 September
Trial Round		Saturday 15 June
Trial Round	Friday 12 July	Saturday 13 July

TNF Pre-Season:

Thursday 22 August

Wednesday 28 August

Thursday 5 September

Wednesday 11 September

TERM 4

Invitational Touch Saturday 19 October (TBC)

Invitational Water Polo Sunday 20 October (TBC)





E Sports Saturday 19 October (TBC)

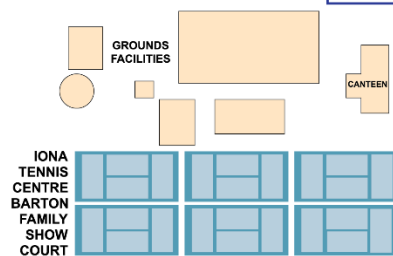
TRACK & FIELD CHAMPIONSHIPS – THURSDAY 3 AND FRIDAY 4 OCTOBER AT QSAC

**PLEASE KEEP CLOSE TOGETHER:
NOSE TO TAIL, NO GAPS**



KEY

-  PICK UP / DROP OFF
-  NO PICK UP / DROP OFF
-  NO STOPPING
-  TRAFFIC FLOW
-  STUDENT PEDESTRIAN ACCESS



STUDENT PARKING

PEDESTRIAN ACCESS VIA OVALS

STUDENT OVERFLOW PARKING - UNSEALED